



# ST PAUL'S COLLEGE

NEWSLETTER

## FROM THE PRINCIPAL

### Swimming Carnival

Events like the swimming carnival are a memorable experience for our students. The St Paul's Swimming Carnival is a particularly fun day for our community, heightened by the addition of DJ (Chaplain) Robbie Wenke's commentary, outfit and playlist. Thank you to Stuart Morrison for his leadership and organisation of the carnival and the support of our dedicated teaching staff to make this event successful.

### Community Breakfast

Gathering as a community provides opportunities for our staff, students and families to connect. Next week we are looking forward to connecting over food, good coffee, and conversation while celebrating the women in our lives through the community breakfast. This event, held on Thursday 29th February, is inspired by International Women's Day which lands this year on our Exeat - Friday 8th March. The breakfast will feature a panel of women in our community reflecting on the theme 'Walking with Purpose'. It is open to all members of the community. Thank you to Joanne Knobel and Amanda Stroh for their event planning, and the P&F for their support of the event. Further information is available on our website.

### Meet and Greet

Following the community breakfast, our Executive and Teaching staff will welcome visitors to the annual Meet and Greet. This is an opportunity to tour the school for those interested in enrolments this year and in the future.

### Exeat

As a boarding school, the College has one 'exeat' long weekend each term. In Term One, the exeat will be held on Friday 8th March. The College will be closed for students on this day while staff participate in professional learning.

[stpaulscollege.nsw.edu.au](http://stpaulscollege.nsw.edu.au)

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[admin@stpaulscollege.nsw.edu.au](mailto:admin@stpaulscollege.nsw.edu.au)

## ISSUE 2, 2024

23RD FEBRUARY

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*Anita Marton*



# COMMUNITY

# BREAKFAST

Celebrating International  
Women's Day

**THURSDAY 29TH FEBRUARY - 7:30am to 8:45am**  
in College grounds  
to book your seat - <https://www.trybooking.com/CPCPQ>

Connect with other families and hear from our amazing panel of  
women from St Paul's College staff



Belinda Everingham



Taylor Emery



Caroline Clancy



Melanie Wettern

# WALKING WITH PURPOSE

# Students of the Week

## Kavel Students of the Week:

**Ruby Jones:** Ruby has been an exceptional leader in the K4 Care Group, displaying initiative, empathy, and support for new students. She is a dedicated student with a positive attitude, actively participating in classes and taking the initiative to attend a university program in medicine during holidays. As the girls' boarding captain, she is ensuring a smooth start for new year 7 students. Ruby's strong work ethic is evident as she consistently goes above and beyond in her studies, demonstrating excellent leadership to younger students.



**Dustin Brailey:** Since week 1, Dustin has attended English with a positive attitude, engaging in discussions of his own accord and debating topics thoughtfully. Dustin completes his learning tasks with enthusiasm and interest. He has started the year strong, uplifted and more confident. This positivity was also observed at the swimming carnival where he assisted all day with the BBQ.



## Leidig Students of the Week:

**Evie Bahr:** Evie has been nominated by a few of her teachers for engaging well in class and always arriving with the correct equipment. Evie is a positive influence on her peers and always volunteers to assist staff. She consistently leads by example and is an excellent ambassador for St Paul's College. Congratulations Evie!



**Chloe Koch:** Chloe has been nominated for displaying excellent leadership over the past week in the lead-up to the Swimming Carnival. She organised all of the relay teams and was an excellent encouragement to all Leidig students. Her positivity and willingness to get involved is a great example for others to follow. Well done Chloe!



**SchoolTV™**

## SPECIAL REPORT: Toxic Achievement Culture

Toxic achievement culture is characterised by the entanglement of self-worth, achievement and the relentless pursuit of academic or extracurricular success - at any cost! This phenomenon goes beyond the mere quest for success. It embeds a belief in students that

their merit is exclusively tied to their achievements, often propelled by intense external pressures from families, schools, and society.

Some students are overfilling their schedules with activities aimed at "getting ahead". However, the consequences are proving to be detrimental on students' mental and physical health resulting in burnout and heightened levels of stress. This culture is also being aggravated by parental expectations, peer competition and a relentless comparison ethos often driven by social media.

There is nothing wrong with having ambition, but it's crucial to ensure that this desire doesn't push our young people into a toxic cycle of achievement and make them feel that they must achieve in order to matter. The relentless drive to excel is leading many students to prioritise accolades over genuine learning and personal growth, often at the expense of their own wellbeing and interpersonal relationships. As adult carers, we need to advocate for a more balanced and holistic approach to achievement, emphasising the importance of resilience, wellbeing, and the pursuit of diverse interests.

This Special Report will help you understand the signs of toxic achievement, and how to address them so as to teach students how to adopt a better work/life balance.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:

[https://stpaulscollege.nsw.schooltv.me/wellbeing\\_news/special-report-toxic-achievement-culture](https://stpaulscollege.nsw.schooltv.me/wellbeing_news/special-report-toxic-achievement-culture)

## From the Director, Teaching & Learning



### Disability Provisions for HSC Examinations 2024

The NSW Education Standards Authority (NESA) provides special accommodations for students facing significant disadvantages due to conditions hindering their performance in examination settings. To access these accommodations, students must undergo an application process. Those who believe they may qualify are encouraged to consult with Mrs. Sarah Cunningham or myself.

### Formal Assessment Tasks - Years 7-12

We are at that part of the term when assessment tasks are falling. The assessment tasks due for the next fortnight, for all years, are detailed in the table below.

ASSESSMENT TASKS DUE - ALL YEARS						
Term 1, 2024	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
Week 5	Science		Science	Maths 5.3 and 5.2		Math Standard 1 Math Standard 2 English Extension
Week 6	Music HSIE	Science PDHPE			Modern History	Industrial Technology Biology PDHPE

### NAPLAN 2024 - Year 7 and Year 9

The National Assessment Program - Literacy and Numeracy (NAPLAN) is a point in time assessment of literacy and numeracy skills that are essential for every child to progress through school and life. Each year students in Years 3, 5, 7 and 9 participate in tests for writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy. NAPLAN has moved to Term 1 and will take place from **Wednesday 13 March to Monday 25 March 2024**.

NAPLAN tests are just one part of our school learning assessment program and questions are primarily based on knowledge, understanding and skills gained from the prior year of schooling.

In preparation for NAPLAN 2024, our school will undertake activities to help students to become familiar with the format and functionality of the online tests. These activities are not an assessment of student ability and will not be marked.

Students and parents can access the public demonstration site to familiarise themselves with NAPLAN and the types of questions and tools available. Excessive preparation for NAPLAN is not required nor recommended.

Disability adjustments, which reflect the student's normal level of support in the classroom, may be provided. Access to disability adjustments or exemption from the tests must be discussed with the Director, Teaching and Learning, Mr Nash Clark or with the Coordinator of Learning Enhancement, Mrs Sarah Cunningham. A parent or carer consent form must be signed and returned to the College and will be provided on request. Public demonstration site NESA NAPLAN website NAP parent/carer support page Watch a video that explains tailored testing. Students may be withdrawn from NAPLAN by their parent or carer after consultation with the College. To withdraw your child from NAPLAN, a parent or carer consent form must be signed.

Contact Mr Nash Clark or Mrs Sarah Cunningham if you need to discuss your child's participation in NAPLAN. If you have any further questions about NAPLAN, please contact me.



Resources include:

- [Public Demonstration Site](#)
- [NESA NAPLAN website](#)
- [NAP parent/carer support website](#)
- [Watch a video that explains tailored testing.](#)

### **Years 10-12 Assessment Tasks**

Across Years 10, 11, and 12, students have received assessment schedules outlining the assessment tasks for the year in each subject.

If a student in Years 10-12 is unable to submit or sit an assessment task due to illness or mishap, a strict set of protocols must be followed, as detailed in the assessment policy booklets distributed to all students in Years 10-12. These booklets are accessible on the College website under the 'Newsletters, Handbooks, and Policies' section, labelled as 'Handbooks'. Initially, parents and caregivers are advised to contact the Director of Teaching and Learning, Mr. Nash Clark, upon identifying that a student will miss an assessment task.

As a general guideline, parents and caregivers should contact me if their child's assessment tasks are impacted. We will then discuss the subsequent steps to be taken.

For students in Years 7-9, if they are unable to submit or sit an assessment task, they should communicate with their classroom teacher to arrange alternative arrangements.

**Mr Nash Clark**

### **Australian Mathematics Competition - 2024**



St Paul's students from Years 7 to 12 can be involved in the Australian Mathematics Competition. This competition allows students to challenge themselves to solve unique mathematical problems, with the goal to demonstrate the importance and relevance of mathematics in students' everyday lives. Students will be required to use higher order thinking and problem-solving skills in Mathematics to test their knowledge against students of the same age from all over Australia. For those who sign-up for this challenge, the competition will be held in early Term 3, during the school day.

The Math Department strongly encourage you to discuss this opportunity with your child and suggest that they have a go at the AMC. The competition is suitable for all students wishing to extend themselves academically and take up the personal challenge of competing in a national competition. The nature of the questions does not mean that a student must be in an advanced class or even think they are good at Maths, it tests their ability to problem solve and think through problems there is no need for prior study or revision.

AMC will be an online competition, allowing greater accessibility for students and faster delivery of results. The competition will cost of \$8.50 per student. We are required to register students online. Thus, the closing date for SPC students to enter will be Wednesday 19 June.

If you would like your child to participate in this Mathematics competition, please register using the following link [AMC Entry Form](#) 2024. You will receive a notification, via Parent Lounge, after the closing date for you to pay your son/daughter's registration cost.

**Mr Peter O'Neill**

# SCIENCE

@ SPC

TERM 1



The Science faculty has been in full swing to start 2024. The following gives a glimpse into our teaching and learning sequences within our senior cohorts this fortnight.

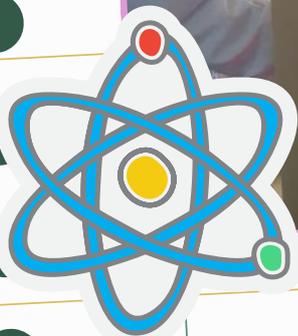
Year 11 Chemistry exploring the emission spectra of various metals, using spectroscopes to isolate the various wavelengths of light emitted (top left, bottom left).

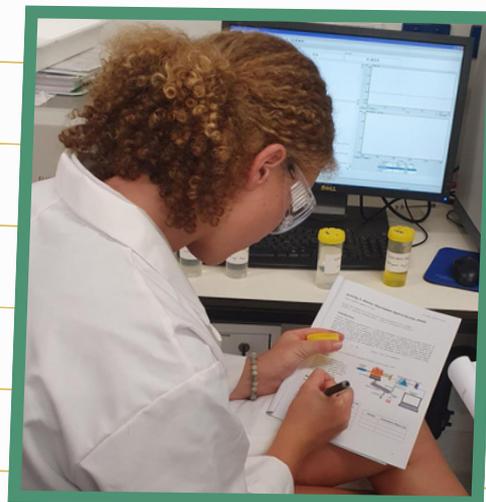
Year 11 Physics designed an experiment to collect first hand data to calculate the acceleration due to gravity (left).



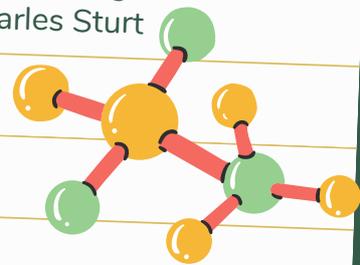
Year 11 Biology - Bella & Lily modelling the structure of a double cell membrane, using cake and marshmallows (bottom, middle)

Year 11 Biology exploring the impact of temperature on cell membrane function (by comparing the leeching of beetroot at various temperatures) (bottom, right)





In Week 3, our HSC Chemistry students had the opportunity to attend the HSC Chemistry Day at Charles Sturt University, Wagga Wagga. Students used an Atomic Absorption Spectrometer (AAS) to compare the concentration of iron in Nutrigrain to its published nutritional information, experimentally determined the equilibrium coefficient of iron thiocyanate, titrimetrically determined the concentration of acetic acid in vinegar and enjoyed a series of demonstrations to explore increasing rates of chemical reactions. The students were excellent representatives of our College and we thank the Eastern Riverina Science Teachers Association and Charles Sturt University for organising and running this excellent opportunity



## Year 9 English

In Year 9 English we are studying First Nation Voices and writing poetry in the style of award-winning Gunai woman, Kirli Saunders poem 'Wildflower'. Aiden Lacey's poem 'Deep Roots' draws on trees as symbolising nature's strength and alludes to our human need to be nurtured and safe in order to grow into strong, healthy people.

# Deep Roots

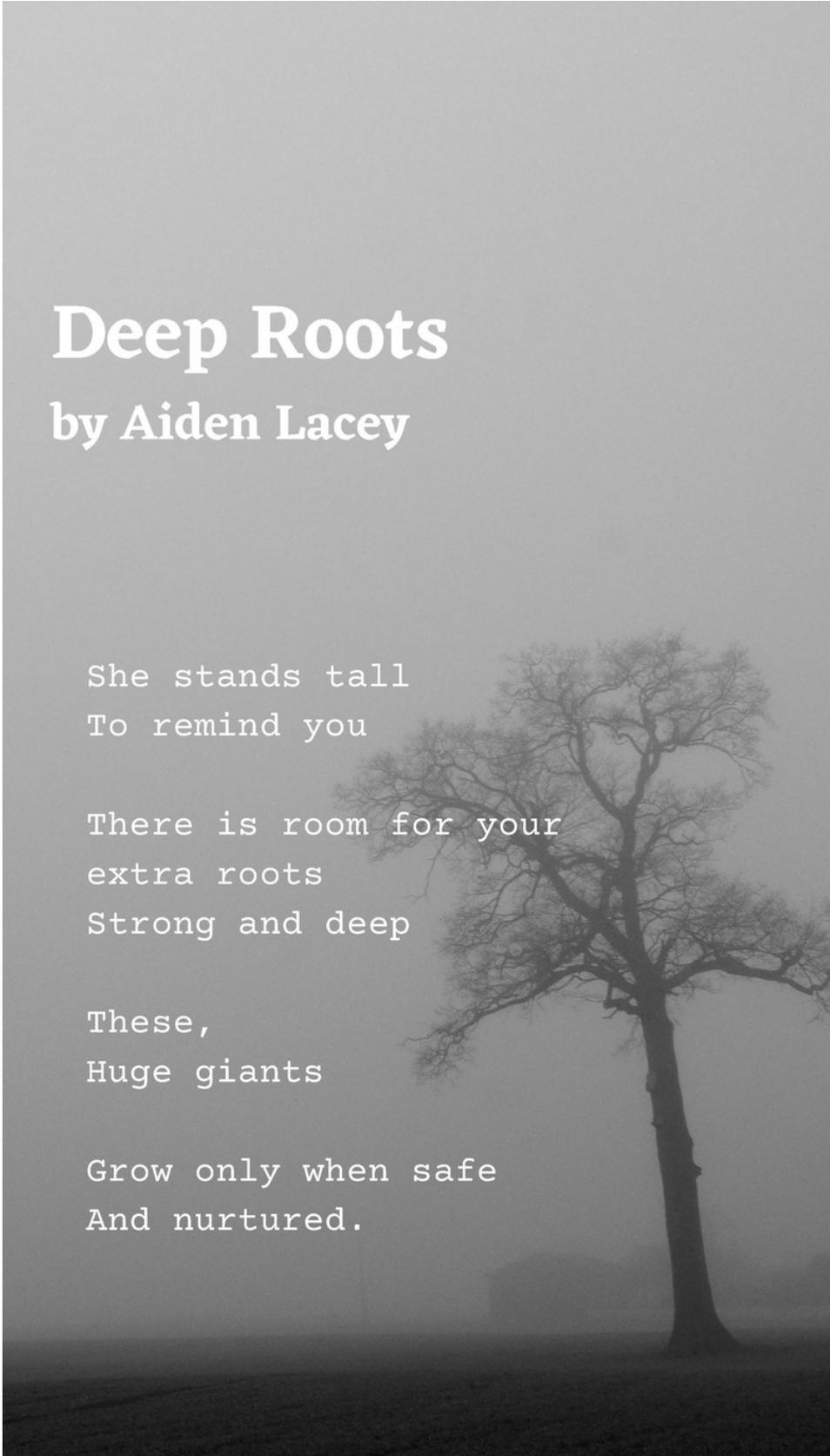
by Aiden Lacey

She stands tall  
To remind you

There is room for your  
extra roots  
Strong and deep

These,  
Huge giants

Grow only when safe  
And nurtured.



## 2024 Swimming Carnival



What a perfect day for a swimming carnival with the warm weather providing the motivation required to get in the pool and cool off throughout the day. Well, done to all students who made the day a success with lots of participation and some great battles in many races. The cheering and dance moves from both Leidig and Kavel made for a wonderfully positive atmosphere and a great display of school spirit.

A great roll up for all events, with the novelty kickboard, noodle and the big Ant Race proving to be extremely popular again and a fantastic opportunity to get involved. The relays were also a highlight towards the end of the day - there was something for everyone!

A fantastic effort from all our championship event competitors, many who competed in not only all championship events, but most, if not all novelty events as well!  
Congratulations to those students who challenged themselves and broke records.

It was what was one of the closest carnivals in many years with only 5 points separating the two houses. Congratulations to the winning house KAVEL!!!

**Leidig 681    CONGRATULATIONS    Kavel 686**

### Age Champions

#### Girls

**12 Years - Hope Liddell**

**13 Years - 1st Zoie Jones, 2nd Delila Boyd, 3rd Chelsea Lane**

**14 Years - 1st Lucy Wilson, 2nd Sarah Schulz, 3rd Coco Rossato**

**15 Years - 1st Jasmine Lieschke, 2nd Macey Bullock, 3rd Laynee Clothier**

**16 Years - 1st Ella Lieschke, 2nd Greta Bridges, 3rd Emma Ginnivan**

**17+ Years - 1st Lily Spice, 2nd Elli Lowry, 3rd Audrey Lieschke**

#### Boys

**13 Years - 1st Micah Klemke, 2nd Jack Godde, 3rd Ernie Lieschke**

**14 Years - 1st Sam Lane, 2nd Hugh Bridges, 3rd Austin Knobel**

**15 Years - 1st George McCrohon, 2nd Ethan Wenke, 3rd Connor Inglis**

**16 Years - 1st Riley Perkins, 2nd Archie Frohling, 3rd Clancy Manning**

**17+ Years - 1st Elli Pitt, 2nd Angus White, 3rd Jordan Klemke**

### NEW RECORDS

#### 16 Girls 100m Freestyle

Old Record - Matilda Jackson      1.29.53      2023

**New Record - Ella Lieschke      1.21.69**

#### 16 Girls 50 M Freestyle

Old Record - Rebecca Hulme      31.67      2005

**New Record - Emma Ginnivan      31.62**

#### 16 Girls 200m Individual Medley

Old Record - Olivia Steedman      3.51.09      2018

**New Record - Ella Lieschke      3.37.56**

#### 17+ Girls 100m Freestyle

Old Record - Maddison Ward      1.18.44      2018

**New Record - Lily Spice      1.17.07**

A huge thank you (in no particular order) goes to:

- The SRC and Year 12s for their tasty BBQ lunch
- The pool Kiosk staff for keeping everyone in drinks, ice-creams, hot chips, and other food all day
- The SPC maintenance staff who brought down the marquees, BBQ, tables, and chairs
- The SPC staff who ably kept the carnival running smoothly throughout the day
- The Walla Walla Pool Lifeguards before and on the day
- Our House leaders who motivated and organised their teams
- Students who assisted with catering, running results and setting-up/packing-up on the day
- Parents and family members who came to cheer the students on
- And of course, the students!



Students who have qualified for the BISSA Swimming Carnival have been notified. The BISSA Carnival is on Thursday 7th March in Wagga Wagga. Parents can approve this excursion in Parent Lounge.

### Mr Stuart Morrison - Sports Co-ordinator





# Agriculture Happenings



It is only week 4 and there has been a lot of action on the SPC farm and students have been doing great things in the holidays too.

On Tuesday students in Primary Industries and Farm Studies were invited to assist the veterinarian Dr Cam from Holbrook Veterinary Clinic, pregnancy test the angus cows. Students were able to work with the vet to correctly identify a positive pregnancy scan.

Students have also been working with the stud flock and commercial flock completing routine husbandry practices, as well as preparing for Henty Show.

During the holidays, some students attended the NH Foods Angus Youth National Roundup held at Tamworth in January. There were many successes through the week and we are very proud of the students achievements in these areas. Achievements included; **Rosie Sutherland (11)** 4th in the Intermediate Female Class and 3rd Sub Intermediate Paraders heat and Top 5 Sub Intermediate Herdsperson, **Henry Brewer (9)** Reserve Champion Sub Intermediate Junior Judging and 1st Sub Intermediate Paraders heat and Reserve Champion Sub Intermediate Parader and Top 5 Sub Intermediate Herdsperson, **Lani Lumsden (7)** 1st Junior Paraders heat, and **George McCrohon (9)** Reserve Champion Team Showring Competition. Well done to all the students.

Also, during the holidays, **Grace Routley (10)** was awarded a bursary by the White Suffolk Association to attend the South Australian Sheep Expo. Congratulations to Grace, for this recognition of her dedication and passion to the sheep industry.

Last Saturday 10 students attended the **Henty Show**, students participated in sheep judging and also junior judging competitions such as Beef, Fleece and Grain. Sheep Section results included Champion White Suffolk Ewe, Champion White Suffolk Ram, Reserve Champion Interbreed Ewe and Ram and 1st in Pair of White Suffolk Ewes and Rams.

In the Junior Judging competitions, in the beef junior judging **Oscar Feuerherdt** was awarded 2nd place in the Group final and has progressed to the state final to be held at Sydney show in March. In the grain junior judging **Oscar Feuerherdt, Evie Bahr** and **Lachlan Routley** all progressed to the oral speech round and **Oscar** was awarded 2nd place in the group final and will have the opportunity to represent the group at the state final at Sydney Show in March. For the fleece junior judging, **Evie Bahr, Layla Bahr** and **Oscar Feuerherdt** progressed to the speech round and **Oscar** was awarded 3rd place in the group final and **Evie** and **Layla** placed equal 3rd in the local competition. A huge congratulations to all these students for their participating and placings in these junior judging events.

Last Tuesday, 11 students attended a Junior Judging Clinic hosted by Yanco Agricultural High School. Students participated in several workshops throughout the day including speaking, merino judging, fleece judging, cattle judging, meat sheep judging and grain judging. Students had the opportunity to hear and learn from industry experts in these fields and gain valuable experience and advice for judging in these fields.

# Junior Judging Clinic



# Henty Show



# Year 8 Agriculture

The Year 8 Agriculture class is actively involved in a design project linked to the unit. The project involves conceptualising and preparing a hamburger that incorporates a minimum of two home-grown ingredients. Under the guidance of Miss Bayly's Year 12 Primary Industries class, students have successfully planted their own vegetables. The collaborative effort between Year 8 and Year 12 students in this period was commendable, with the older students demonstrating strong leadership skills and the younger ones displaying high levels of engagement and enthusiasm during the planting process.





# Information Page



**The Uniform Shop is open:  
Tuesday from 10.30am-2pm  
Friday from 12.30pm-4pm**

(Any changes to these days and times will be communicated here).

**This year's one-off order of soft cell jackets will close on 14th March. Cost is \$90 and there are a couple of sizes to try on in the shop. Please contact me for further information. [felicity.klemke@stpaulscollege.nsw.edu](mailto:felicity.klemke@stpaulscollege.nsw.edu)**

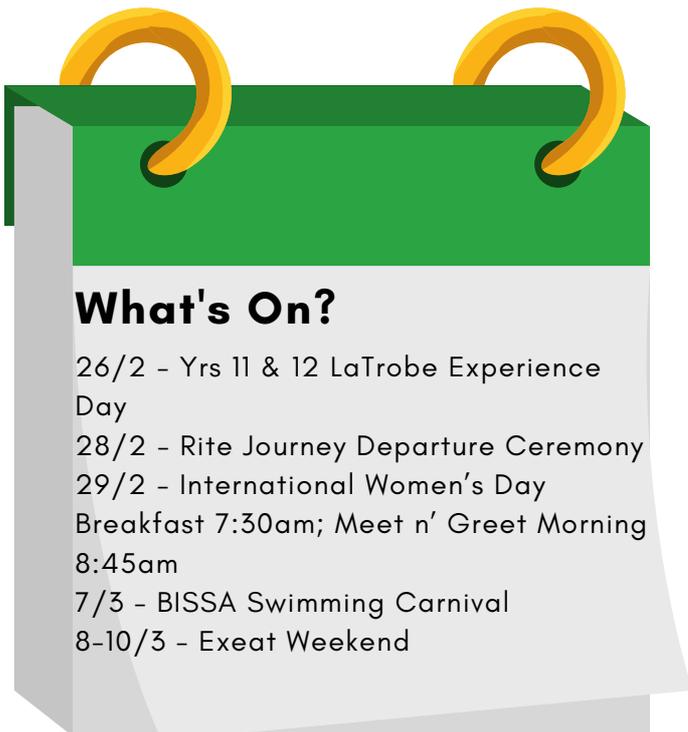
**Felicity Klemke  
Uniform Shop Manager**

## From the Finance Office - Cheque Deposits Ceasing



We have received notification from our banking institution that they will no longer accept cheque deposits from March 2024. **If you need to pay fees by cheque please do so by the end of February.**

**Thank you  
Finance Office**



### What's On?

- 26/2 - Yrs 11 & 12 LaTrobe Experience Day
- 28/2 - Rite Journey Departure Ceremony
- 29/2 - International Women's Day Breakfast 7:30am; Meet n' Greet Morning 8:45am
- 7/3 - BISSA Swimming Carnival
- 8-10/3 - Exeat Weekend

2024	Term Dates	Exeat Weekends
Term 1	Ends Friday 12/4	Friday 8/3
Term 2	Starts Monday 29/4 Ends Friday 28/6	Friday 7/6
Term 3	Starts Monday 22/7 Ends Friday 27/9	Monday 26/8
Term 4	Starts Tuesday 15/10 Ends Friday 6/12	Friday 8/11



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## Year 12 Medicine Information Evening

Tuesday 12 March  
6.00 - 7.00pm  
Location: online



Tuesday, 12 March



### UNSW Year 12 Medicine Information Evening

Discover Medicine at UNSW. Join staff and current students to learn about the program, learning experience and admissions process.

UNSW will be holding their Kensington Medicine information evening on 12th March. This session will be live streamed, attached link below. For students, parents, and career advisors this is an informative session aimed at students who are interested in becoming a Doctor. This is the pre cursor to the CSU local Career in Medicine information day in Albury (date to be advised) for students their parents and career advisors in years 10-12.

[UNSW Year 12 Medicine Information Evening Tickets, Tue 12/03/2024 at 6:00 pm | Eventbrite](#)



### AUSTRALIAN NAVY CADETS

Service Courage Respect Integrity Excellence

**Aged 13-17? Get ready to set sail on the voyage of a lifetime!**

**TS Albury is currently recruiting for March 2024 intake.**

**If you want to gain life skills and experience something out of the ordinary, come along and see what it's all about!**

**[www.cadets.gov.au](http://www.cadets.gov.au) [www.navycadets.gov.au](http://www.navycadets.gov.au)**



co.tsalbury@navycadets.gov.au

# We're coming to your community



**Our Mobile Service Centre is coming to  
Walla Walla  
Tuesday, March 12, 2024  
9:00 AM - 3:00 PM**

**Bringing NSW Government services to you.**

Call **13 77 88** or visit [service.nsw.gov.au](https://service.nsw.gov.au)  
to check our latest timetable.

Severe weather may mean our timetable has to  
change at short notice, we strongly recommend  
you check on the day.

 **Find us at:**

Beside WAW Credit Union  
Commercial Street



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**Are you the  
next Editor of  
the Walla Walla  
Community  
Newsletter?**

Are you looking for a rewarding role in the Walla Walla Community?  
Why not try your hand at Editor of the Community Newsletter

If you would like to nominate for the role please email the  
Newsletter email address: [walanewsletter@gmail.com](mailto:walanewsletter@gmail.com)

The new editor will be appointed by the newsletter team and  
endorsed by the Community Development Committee.

My final newsletter will be February 2024, if you would like more  
information on the role, please contact me on 0407 068 459.

Thanks, Steph